Information for your visit to Rendlesham Forest

The site

Rendlesham Forest consists of large areas of coniferous plantation as well as broadleaved belts, heathland and wetland areas. Rendlesham Forest is a working environment managed by Forestry England.

Please note that there are no indoor facilities. There is a toilet block close to the car park with three toilets, one of which has disabled access.

Getting there

Rendlesham Forest Centre is in Rendlesham Wood. Follow the B1084 between Woodbridge and Orford. The Centre is approximately four miles along this road on the right-hand side and is well signposted. Turn right and continue for one mile. At the small crossroads, turn right towards the main car park. Parking for coaches is on the immediate left.

Please note that Forestry England parking charges - \pounds 4 cash (morning) and \pounds 4 cash (afternoon) - are in operation at Rendlesham Forest; exact change is required.

OS Grid Reference: TM 353 484

Postcode for Forestry England office on site: IP12 3NF

Staff

Groups will be led by a member of Suffolk Wildlife Trust staff or trained key volunteer. All Suffolk Wildlife Trust learning team staff and key volunteers have enhanced DBS certificates and have undertaken safeguarding training. Suffolk Wildlife Trust has a safeguarding policy which is available on our website or on request.

Our recommended adult:student ratios are:

Early Years	1:4
Key Stage 1	1:6
Key Stage 2	1:10
Key Stage 3	1:15
Key Stage 4	1:20

Please ensure that you bring accompanying adults to meet these ratios. Suffolk Wildlife Trust staff and volunteers or school staff providing 1:1 support should not be included in these ratios.

Please organise students into the appropriate number of groups agreed with the Wild Learning Officer before arrival.

Responsibilities

Schools are responsible for the conduct (including discipline) of all members of their party during the visit and for the supervision of students at breaktime and lunchtime.

Please ensure that all accompanying adults have been fully briefed before the visit and are prepared to play a full and active part in sessions.

Health and safety

Suffolk Wildlife Trust has a health and safety policy which is available on our website or on request. A link to a risk assessment for the visit will be sent to you before booking. In addition, a daily risk assessment will be carried out on the day of the visit; this is available on request. On arrival, the group will be briefed on the site and activities and any health and safety issues pertaining to these.

Please note that only mobile telephones on the Vodafone network are able to get a signal in the forest.

Personal Care and First Aid

Schools are responsible for the personal care of students (where appropriate).

Although Suffolk Wildlife Trust Wild Learning Officers are trained in first aid, schools are responsible for providing and administering first aid to/for their students. Please ensure that students (or accompanying adults) carry any medication they may require during the visit. Please ensure that at least one adult trained in first aid accompanies the visit.

Weather

All activities will take place outdoors. Please ensure that students and accompanying adults dress appropriately for the weather with suitable footwear; long trousers (to protect against ticks, brambles and nettles) and wellington boots are advised. Please ensure that all students and accompanying adults bring/wear a waterproof coat and, in hot weather, bring/wear a sunhat and have applied sunscreen.

Accessibility

We are committed to ensuring that our visits are accessible for everyone. Please contact the Wild Learning Officer if any students (or accompanying adults) have specific needs or requirements.

Picnic facilities

Please ensure that all students and accompanying adults bring their own packed lunches. Please encourage students and accompanying adults to bring a low waste lunch with minimal disposable packaging, where possible.

Please also refer to Booking a school visit to Rendlesham Forest – terms and conditions