

The scenic beauty of Lound Lakes makes it worth a visit at any time of the year, but summer is undoubtedly the best time for your first visit.

From June onwards, the fields around the lakes turn red as vast swathes of sheep's sorrel come into flower and skylarks flute overhead. Across the surface of the lakes, white and yellow water lilies burst into flower, beautifully framed by the majestic Scots pines on the valley sides.

This is undoubtedly one of the best places in Suffolk to watch damselflies and dragonflies and to witness the aerial ambushes of hobby in deadly pursuit. On the fields, green woodpeckers feed on the ant colonies which thrive in the dry sandy soil.

With plenty of food in the lakes, this is a great place to see kingfisher all year round. Osprey visit in the spring and autumn and bittern drop in for the winter.

Discover Lound Lakes



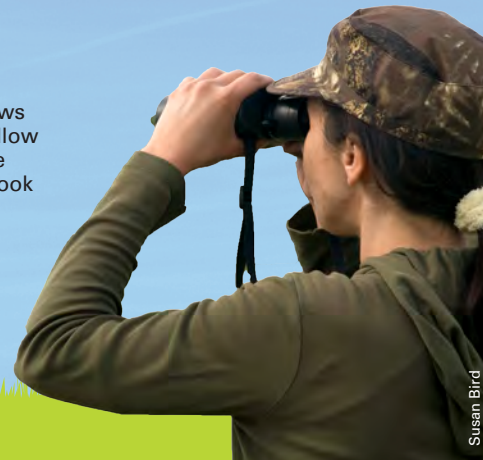
NR31 9AU

- Free to visit
- Car park & bicycle racks
- 2½ miles of trails
- Wheelchair accessible bird hide
- Picnic area
- Family activities
- School visits, led by our Education Officer
- Dogs on leads are welcome and there is a designated area where dogs can run free

Lound Lakes is north of Lowestoft, three minutes from the A12 opposite the Hopton roundabout.

The trails are open every day from dawn to dusk.

For wildlife news and events, follow Suffolk Wildlife Trust on facebook

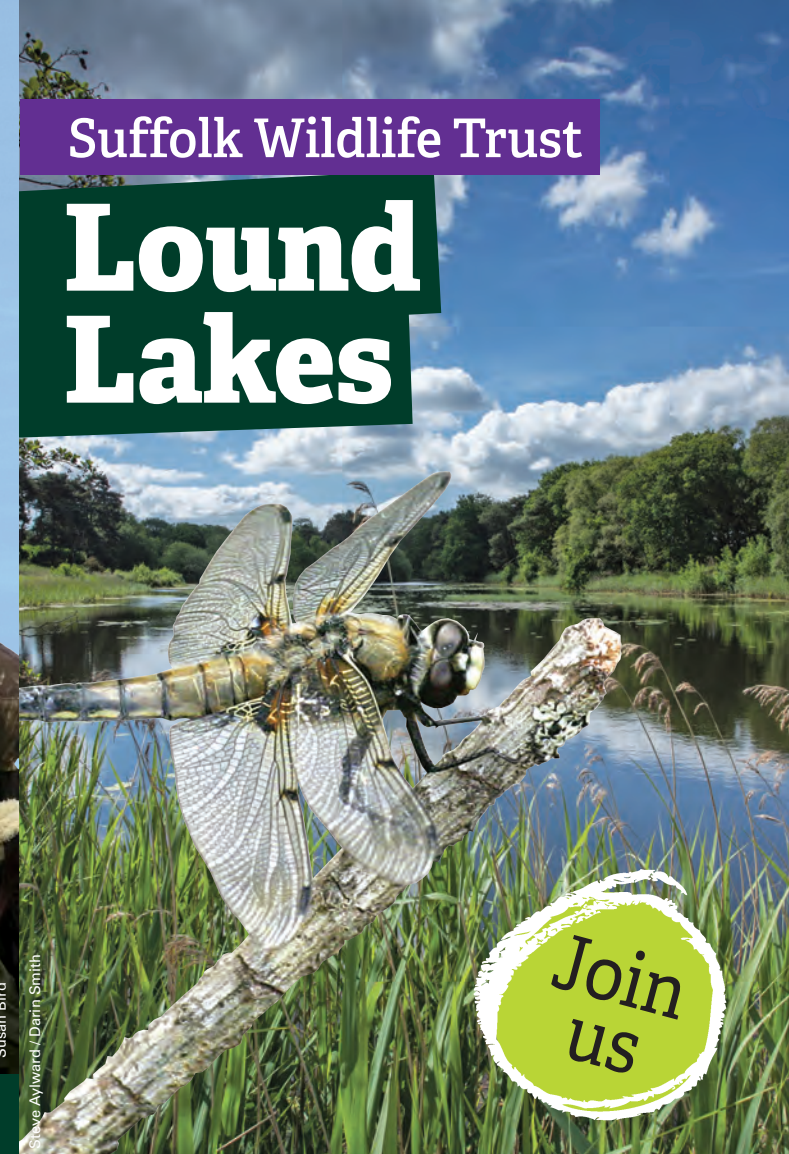


Susan Bird



Suffolk Wildlife Trust

Lound Lakes



Join us

Steve Aylward / Darrin Smith



Kingfisher



Grass snake

Steve Aylward, Jamie Hall, John Hawkins, Alamy, Andrew Mason



Suffolk Wildlife Trust
Lound Lakes
Fen Barn
Hall Road, Hopton
NR31 9AU



Warden: 07964 120621
Reserve team: 01502 564250

Registered charity no 262777

Trails • Directions • What's On • Join

suffolkwildlifetrust.org

Living Landscapes Living Gardens Living Seas

Lound Lakes

The most northerly point in Suffolk

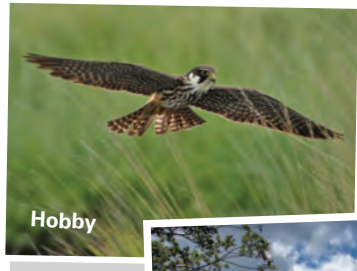
Key

- Woodland trail (1 mile / 30 mins)
- Lakes trail (1½ miles / 45 mins)
- Public footpath links

There is a dogs off leads zone on the green Lakes trail. Elsewhere dogs must always be on a lead



Size 246 acres



Your Lound Lakes
Please enjoy the nature reserve and then join Suffolk Wildlife Trust to help us look after it.

ESSEX & SUFFOLK WATER
living water

Lound Lakes is an important part of our water supply network and in partnership with Essex & Suffolk Water, Suffolk Wildlife Trust cares for the 230 acres of wildlife habitat around the lakes. By working together we can ensure the quality of our drinking water and create a wildlife haven everyone can enjoy.

You can help us protect this special site by ensuring your home is water efficient, so we abstract the minimum amount of water possible.

eswater.co.uk
[@ESWH20](https://twitter.com/ESWH20)

Highlights

- Kingfishers all year round
- Ospreys in spring & autumn
- Grass snakes basking in May
- White admiral in July & August
- Green woodpecker



More info



suffolkwildlifetrust.org

Where next?



Carlton & Oulton Marshes