

# Trees EYFS & KS1- How to guide

Collect equipment from the centre and follow the map to the Wood

## Equipment

All equipment is provided

- Blindfolds
- Getting to know Trees activity sheet
- Mirrors
- Magnifying glasses,
- Wax crayons and paper for bark & leaf rubbings
- Animal detectives sheets

## Instructions

1. Introduce Blindfold Meet a Tree activity: in pairs one pupil is blindfolded, the other leads them (by holding their elbow) to a tree, giving careful instructions as they go to ensure that the blindfolded pupils does not trip over. The blindfolded pupil is then instructed to:
  - wrap their arms around a tree and see how wide it is.
  - Reach up above their head and feel for branches.
  - Reach down to the floor to see if there is any moss at the base or if they can feel the roots.

The sighted partner then guides their partner back to the starting point, spins them slowly 3 times and then removes the blindfold for their partner to try and find their tree. Swap roles and repeat.

2. In small groups (ideally 3 or 4 pupils) give out 'Getting to Know Trees' activity.

Each group will need:

- Getting to Know Trees sheet
- Magnifying glass
- Mirror
- Wax crayons x 1 each
- Blank paper enough sheets for 1 per person

Groups to choose a tree to study and work through the activity sheet.

3. Hand out Animal detectives sheets to each group. Walk around the woodland looking up close for signs of animals. Collect evidence of animals (e.g., Feathers, nibbled nuts, empty shells – instruct pupils not to touch animal droppings). Share with the group what they found

## At the end of the activity

1. Collect bark rubbings.
2. Return equipment to the box and return to the centre.
3. Wash hands