

Nature connection EYFS and KS1

Session Overview and Learning objectives

An exciting way to strengthen connections with nature through a variety of activities, which will introduce pupils to the local environment, whilst encouraging them to be resourceful, creative and be aware of the beauty of nature.

Session Summary

- This session is suitable for one class at a time of up to approximately 30 pupils
- The session lasts up to 90 minutes
- Required ratio – 1 adult:4 pupils (EYFS)
- Required ratio – 1 adult:6 pupils (KS1)

We will provide all equipment.

Session Outline

Time	Activity
5 minutes	Welcome, introduction and H&S brief
15 minutes	Journey sticks: collecting natural treasures through park
10 minutes	Meet a tree: game to get to know environment and work on trust skills, being caring towards others and physically directing others
20 minutes	Natural art: (choice of one) mud faces / natural paintbrushes / rope mobile and floor art / nature's rainbow / Hapa-Zome flags or headbands
10 minutes	Deer ears: nature connectedness game

Learning Objectives

All will improve their communication and trust skills

All will use their creativity

All will be resourceful and think logically

Some will understand that different leaves and seeds come from a variety of trees.

Links to the EYFS Framework:

All areas of learning and development are important and inter-connected. Three areas are particularly important for building a foundation for igniting pupil's curiosity and enthusiasm for learning, forming relationships, and thriving.

We believe this session will support and develop all areas of learning and development within the early years framework:

- communication and language
- physical development
- personal, social and emotional development
- literacy
- mathematics
- understanding the world
- expressive arts and design.